

## Upcoming WarmLine & Community Events

*WarmLine Events on Pages 1-2*

*Community Events on Pages 3-6*

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# WarmLine Events

February 2025

More information & live links at [warmlinefrc.org/news-events](http://warmlinefrc.org/news-events)

If you'd like to provide input to WarmLine about how we support the community, please fill out our feedback survey [here](#)

Event	Date & Time	Location	Details
Life Balance and Self-Care for Parents (In English)	February 3 <sup>rd</sup> 6:00pm-7:30pm	Online	Do you feel overwhelmed with the things going on in life and you don't even have space for yourself? Come to our workshop and reflect on your priorities, things you can influence and plan some time for yourself. It will be an interactive workshop via Zoom, so please be prepared to turn on your camera and microphone. Click <a href="#">here</a> to register.
Family Support Group (In English)	February 6 <sup>th</sup> 4:00pm-5:30pm	Online	This is a monthly group, with a new topic each session. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey. Click <a href="#">here</a> to register.
«Понимание услуг для людей с особыми потребностями»	Среда, 12 февраля 10 часов утра	Online	Присоединяйтесь к нашему информативному вебинару, созданному для того, чтобы помочь семьям и опекунам ориентироваться в системе услуг для людей с особыми потребностями. Мы рассмотрим различные виды поддержки, доступные для людей с особыми потребностями, начиная с раннего вмешательства, специального образования и до переходных услуг, а также обсудим, как получить доступ к важным ресурсам. <a href="#">Регистрация</a>

New Diagnosis Family Support Group (In English)	February 13 <sup>th</sup> 4:00PM-5:30PM	Online	This is a monthly group, with a new topic each session. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey. Click <a href="#">here</a> to register.
Grupo de Apoyo (En Español)	February 18 <sup>th</sup> 11:00AM-12:30PM	Online	Este es un grupo mensual donde compartiremos nuestras inquietudes, experiencias y un nuevo tema cada mes. No hay compromiso de asistir a cada sesión, pero aquí encontrará una comunidad cálida y segura de familias que están en el mismo viaje. Haga clic <a href="#">aquí</a> para registrarse.
Understanding Special Education & Your IEP (In English)	February 19 <sup>th</sup> 10:00AM-11:30PM	Online	Join us for an overview of the special education and IEP process. Learn contents of the IEP along with tips for preparing for your child's special education meeting. Get your questions answered and engage with your IEP team with confidence. Click <a href="#">here</a> to register.
Comprendiendo la Educación Especial y su IEP (En Español)	February 26 <sup>th</sup> 11:00AM	Online	Únase a nosotros para obtener una descripción general de la educación especial y el proceso del IEP. Conozca el contenido del IEP junto con consejos para prepararse para la reunión de educación especial de su hijo. Obtenga respuestas a sus preguntas e interactúe con su equipo del IEP con confianza. Haga clic <a href="#">aquí</a> para registrarse.
Support Group for Dads (In English)	February 27 <sup>th</sup> 4:00PM-5:00PM	Online	Calling all folks who call themselves "Dad!" Join us for this new virtual monthly meeting to connect with other dads who have experience caring for a person with a disability. There is no commitment to attend—the group will be there when you need it. Click <a href="#">here</a> to register.

# Community Events

February 2025

Please note: Community events listed on this calendar are provided for the benefit of the community at large. The views and opinions expressed in listed community events do not constitute or imply an endorsement of WarmLine Family Resource Center.

WEATHER ADVISORY – Please double check any changes to events due to weather conditions.

Event	Date & Time	Location	County	Details
Alta California Regional Center Community Meeting	Wed, Feb 5 11:00AM-12:00PM	Zoom Meeting	Northern California	From the Regional Center: These meetings are open to clients, families, and the community at large as an opportunity to learn about regional center activities and initiatives, as well as to provide an opportunity for public input. Click <a href="#">here</a> at 11:00am to join the meeting.
Turning Point Community Programs 8-Week Parent Education & Support Group Series	Wed, Feb 5 2:00PM-4:00PM	5417 Madison Ave. Sacramento, CA 95841	Northern California	From Turning Point: This series of eight interactive workshops is designed to empower caregivers with tools, techniques and knowledge to provide support and expert care for people with Intellectual and Developmental Disabilities. Click <a href="#">here</a> to register.
Gateway Community Charters Resource Fair	Thu, Feb 6 4:30PM	COA Elementary School 5839 Dudley Blvd. McClellan Park, CA 95652	Sacramento	Stop by & say hi! WarmLine will have a table at GCC's 2025 Summit. Click <a href="#">here</a> to RSVP.
WeEMBRACE Resource Fair	Sat, Feb 8 10:00AM-1:00PM	Multi-Purpose Room Folsom High School 1655 Iron Point Rd. Folsom, CA 95670	El Dorado Placer Sacramento	Stop by & say hi! WarmLine will have a table at the 6 <sup>th</sup> annual WeEMBRACE Disability Resource Fair. Click <a href="#">here</a> for more info & to RSVP.
Studio Movie Grill Free Special Needs Screening – Dog Man	Sat, Feb 8 11:00AM	Studio Movie Grill 5140 Commons Dr. Rocklin, CA 95677	Northern California	From SMG: Our sensory friendly Special Needs Screenings present movies with the lights up, the volume low, and moving around, talking, and even dancing in the aisles are welcome. Special Needs Screenings are shown on select Saturdays at 11:00am at all SMG locations unless noted otherwise. FREE tickets are available at the Box Office only as early as the Wednesday prior.

UCP & City of West Sacramento Out of My Mind	Sat, Feb 8 1:00PM	West Sacramento Community Center 1075 W. Capitol Ave. West Sacramento, CA 95691	Northern California	From UCP: What To Expect? Free popcorn and water with admission Accessible Venue Community Connections Inclusive Atmosphere Open Captions What To Bring? Blankets, snacks, fidgets, any Click <a href="#">here</a> to pay \$7 & register.
Disability Rights California with Alta California Regional Center Housing Rights Webinar	Tue, Feb 11 3:00PM	Zoom Webinar	Northern California	From Disability Rights California: The webinar will cover tenant rights and responsibilities, common housing law issues and more. Spanish & ASL translation will be available. Click <a href="#">here</a> to register.
UCP & UC Davis Mondavi Center Bereishit Dance Company Performance	Thu, Feb 20 7:00PM	UC Davis Mondavi Center 523 Mrak Hall Dr. Davis, CA 95616	Northern California	From UCP: Don't miss this opportunity to witness a performance that has captivated audiences worldwide with their innovative choreography and captivating storytelling. Click <a href="#">here</a> for \$15 tickets.
Studio Movie Grill Free Special Needs Screening – Paddington in Peru	Sat, Feb 22 11:00AM	Studio Movie Grill 5140 Commons Dr. Rocklin, CA 95677	Northern California	From SMG: Our sensory friendly Special Needs Screenings present movies with the lights up, the volume low, and moving around, talking, and even dancing in the aisles are welcome. Special Needs Screenings are shown on select Saturdays at 11:00am at all SMG locations unless noted otherwise. FREE tickets are available at the Box Office only as early as the Wednesday prior.
UCP Talent Show	Sat, Feb 22 4:00PM	9200 Fair Oaks Blvd. Sacramento, CA 95628	Northern California	From UCP: Get ready for an evening of incredible performances and community spirit at our Talent Show! This event is a fantastic opportunity for individuals with disabilities to shine! Whether you're a performer or a spectator, this event promises to be a night filled with entertainment, laughter, and inspiration. Click <a href="#">here</a> for \$5 tickets.
Alta California Regional Center	Tue, Feb 25 10:30AM	Zoom Webinar	Northern California	This is a webinar for clients & families. Translation in Spanish and ASL will be available.

Supported Decision Making Webinar				<p>From Alta California Regional Center:          What is Supported Decision Making? A process that allows adults with disabilities to make choices about their own lives with support from a team of people they choose. Individuals with disabilities choose people they know and trust to be part of a support network to help with decision-making.          Click <a href="#">here</a> to register.</p>
UCP Roller Skate Night	Wed, Feb 26 6:00PM	Sunrise Roller Land 6001 Sunrise Vista Sacramento, CA 95610	Northern California	<p>From UCP:          \$15/skater (includes food, skate rental, &amp; raffle ticket)          \$10/skater (includes skate rental &amp; raffle ticket)          ADA accessible (wheelchairs must have rubber wheels)          Skate Mate available          Click <a href="#">here</a> for \$10 or \$15 tickets.</p>
UCP Paddington in Peru at Greenback Cinemark	Fri, Feb 28 6:30PM	Century 16 Greenback 6233 Garfield Ave. Sacramento, CA 95841	Northern California	<p>From UCP:          The event will feature:          -Dimmed Lights: Creating a calm and welcoming environment.          -Lower Sound: Ensuring the audio is at a comfortable level.          -Open Captions: Providing on-screen text for all dialogue and sound effects.          Click <a href="#">here</a> for \$10 tickets.</p>

# ONGOING Community Events

Please note:

1. Community events listed on this calendar are provided for the benefit of the community at large. The views and opinions expressed in listed community events do not constitute or imply an endorsement of WarmLine Family Resource Center.
2. Make sure to plan your attendance in advance – Sometimes ongoing events will change or be canceled without a lot of prior notice.

Event	Details
Single Moms Strong Monthly Chat Online	First Tuesday of the Month <a href="https://www.eventbrite.com/e/single-mom-strongs-virtual-village-monthly-chat-tickets-486882989127?aff=oddtcreator">https://www.eventbrite.com/e/single-mom-strongs-virtual-village-monthly-chat-tickets-486882989127?aff=oddtcreator</a>
SCUSD Parent Café Hiram Johnson Family Education Center 3535 65 <sup>th</sup> St. Sacramento, CA 95820	Wednesdays until February 26 <sup>th</sup> <a href="file:///C:/Users/keepi/Downloads/parent%20cafe%202025.pdf">file:///C:/Users/keepi/Downloads/parent%20cafe%202025.pdf</a>
REACH Support Group Online	First Wednesday of the Month <a href="https://www.altaregional.org/sites/main/files/file-attachments/me2h_support_group_postcard_004.pdf?1663775912">https://www.altaregional.org/sites/main/files/file-attachments/me2h_support_group_postcard_004.pdf?1663775912</a>
CHADD Adult ADHD Support Group Online	First & Third Wednesdays of the Month <a href="https://www.chadd.net/event/a3f828bc-3034-4be5-9415-33f190c76a1f">https://www.chadd.net/event/a3f828bc-3034-4be5-9415-33f190c76a1f</a>
Parents Helping Parents Autism with Pathological Demand Avoidance: Parent Support Group Online	Generally Second & Fourth Sundays of the Month <a href="https://www.php.com/calendar-of-events/?terms=%23pda&amp;lang=all&amp;date_after=&amp;location=">https://www.php.com/calendar-of-events/?terms=%23pda&amp;lang=all&amp;date_after=&amp;location=</a>
REACH Support Group (In Person) Lifehouse Church 4800 Sierra College Blvd. Rocklin, CA 95677	Third Tuesday of the Month <a href="https://www.altaregional.org/sites/main/files/file-attachments/me2h_support_group_postcard_004.pdf?1663775912">https://www.altaregional.org/sites/main/files/file-attachments/me2h_support_group_postcard_004.pdf?1663775912</a>
Single Moms Strong Career Advancement Coaching Online	Last Friday of the Month <a href="https://www.eventbrite.com/e/single-mom-strongs-career-advancement-coaching-tickets-1082386299559?aff=oddtcreator">https://www.eventbrite.com/e/single-mom-strongs-career-advancement-coaching-tickets-1082386299559?aff=oddtcreator</a>
Help Me Grow – Yolo County Many free, local events for children and their families including play groups	Calendar & Flyers <a href="https://helpmegrowyolo.org/resources">https://helpmegrowyolo.org/resources</a>