

Upcoming WarmLine & Community Events

WarmLine Events on Pages 1-2

Community Events on Pages 3-11



Scan QR Code for info

WarmLine Events

October 2024

More information & live links at warmlinefrc.org/news-events

Event	Date & Time	Location	Details
Family Support Group (In English)	October 3 rd 4:00PM-5:00PM	Online	Zoom Webinar This is a monthly group, with a new topic each session. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey. Click here to register.
WarmLine Presents: Free Family Event at Keema's Pumpkin Farm	October 5 th 9:00AM-11:00AM	6532 Point Pleasant Rd. Elk Grove	Join other WarmLine families for a free morning of fun at Keema's Pumpkin Farm! Click here for tickets. Click here for a flyer.
Comprendiendo la Educación Especial y su IEP (En Español)	October 9 th 10:00AM-12:00PM	Online	Zoom Webinar Únase a nosotros para obtener una descripción general de la educación especial y el proceso del IEP. Conozca el contenido del IEP junto con consejos para prepararse para la reunión de educación especial de su hijo. Obtenga respuestas a sus preguntas e interactúe con su equipo del IEP con confianza. Pulse aquí para registrarse.
New Diagnosis Support Group (In English)	October 10 th 4:00PM-5:30PM	Online	Zoom Webinar This is a monthly group focusing on families that have recently received a new diagnosis. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey. Click here to register.
Understanding Special Education & Your IEP (In English)	October 11 th 10:00AM-12:00PM	Online	Zoom Webinar Join us for an overview of the special education and IEP process. Learn contents of the IEP along with tips for preparing for your child's special education meeting. Get

			<p>your questions answered and engage with your IEP team with confidence.</p> <p>Click here to register.</p>
Grupo de Apoyo (En Español)	October 15 th 11:00AM-12:00PM	Online	<p>Zoom Webinar</p> <p>Este es un grupo mensual donde compartiremos nuestras inquietudes, experiencias y un nuevo tema cada mes. No hay compromiso de asistir a cada sesión, pero aquí encontrará una comunidad cálida y segura de familias que están en el mismo viaje.</p> <p>Pulse aquí para registrarse.</p>
Cumplir 3 Años (En Español)	October 16 th 10:00AM-12:00PM	Online	<p>Zoom Webinar</p> <p>Sabemos que los padres de los niños cumpliendo tres años tienen preocupaciones y preguntas específicas. Por esto WarmLine creo un entrenamiento para ¡USTED! Le ayudaremos a entender: Los pasos para la transición. Como son iguales/diferentes la Intervención Temprana y la Educación Especial. Que es un IEP y cómo prepararse para el IEP.</p> <p>Pulse aquí para registrarse.</p>
Turning 3 Years Old (In English)	October 18 th 10:00AM-12:00PM	Online	<p>Zoom Webinar</p> <p>Do you have a child who is receiving early intervention services through the regional center or the Infant Development Program in your county? Is your child about to turn 3 years old? Parents of children with developmental delays who are turning 3 years old have questions about upcoming changes in services. WarmLine has created this training just for YOU! Please join us virtually to learn about special education services in preschool and more.</p> <p>Click here to register.</p>
Transición a la Vida Adulta (en Español)	October 23 rd 10:00AM-12:00PM	Online	<p>Zoom Webinar</p> <p>Esta capacitación prepara a las familias y cuidadores para explorar oportunidades para sus hijos jóvenes adultos con un IEP después de la escuela secundaria.</p> <p>Pulse aquí para registrarse.</p>
Transition to Adulthood (In English)	October 30 th 10:00AM-12:00PM	Online	<p>Zoom Webinar</p> <p>This training prepares families and caregivers to explore opportunities for their young adult children with an IEP/ITP after high-school.</p> <p>Click here to register.</p>
Support Group for Dads (In English)	October 31 st 4:00PM-5:00PM	Online	<p>Zoom Webinar</p> <p>Calling all folks who call themselves "Dad!" Join us for this new virtual monthly meeting to connect with other dads who have experience caring for a person with a disability. There is no commitment to attend—the group will be there when you need it.</p> <p>Click here to register.</p>

Community Events

October 2024

Please note: Community events listed on this calendar are provided for the benefit of the community at large. The views and opinions expressed in listed community events do not constitute or imply an endorsement of WarmLine Family Resource Center.

HEAT ADVISORY – Please double check any changes to events due to a possible Heat Advisory.

Event	Date & Time	Location	County	Details
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Oct 1 & Thu, Oct 3 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Oct 1 & Thu, Oct 3 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SingleMomStrong Virtual Village Monthly Chat	Tue, Oct 1 8:15PM	Online	All	Join Virtual Village events to connect with other single moms. Click here to register. Every first Tuesday at 8:15PM
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Wed, Oct 2 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Movement & Dance Play Group – FREE /Grupo de Música-GRATIS through Help Me Grow Yolo	Wed, Oct 2 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click here to register. Every Wednesday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Wed, Oct 2 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
REACH Parent Support Group – In Person	Wed, Oct 2 6:00PM	Online	Sacramento Region	The support groups are designed to help families connect with other caregivers in similar situations.

				Click here for more information. Join on Google Meet: meet.google.com/fkn-kpvy-ubh Every first Wednesday at 6:00PM
CHADD of NorCal ADHD Support Group	Wed, Oct 2 7:00PM	Online	Northern California	Join a safe place to express feelings, frustrations, & victories. Click here for more info. Click here to enter the Zoom. Every 1 st & 3 rd Wednesday at 7:00PM
MIND Institute Sibling Sessions	Wed, Oct 2 6:00PM-7:30PM	UC Davis MIND Institute 2825 50 th St. Sacramento	Northern California	Join our monthly sessions designed exclusively for children who have siblings with autism, Down syndrome, fragile X syndrome, and other neurodevelopmental disabilities. These sessions are designed for youth ages 7-17. Click here to register.
OCRA 25 th Anniversary Celebration	Thu, Oct 3 10:00AM-1:00PM	Disability Rights California 1831 K St. Sacramento	Northern California	Everyone is invited to celebrate the 25 th anniversary of DRC providing advocacy services for Regional Center clients – Particularly Regional Center clients, families, service providers, and Regional Center staff. You can meet OCRA staff, connect and share stories with each other, and enjoy snacks and refreshments. Click here to register.
Sensory Friendly Play at the Sacramento Children’s Museum	Thu, Oct 3 2:30PM-4:00PM	Sacramento Children’s Museum 2701 Prospect Park Rancho Cordova	Sacramento Region	Cost: \$2 per person over age 1 Sessions include modified open play and special programming. Click here to register. Every first Thursday at 2:30PM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Oct 4 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click here to register. Every Friday at 9:30AM
MIND Institute “Learning Together” Conference/ MIND Institute Conferencia “Aprendiendo Juntos”	Sat, Oct 5 8:00AM-3:00PM	UC Davis MIND Institute 2825 50 th St. Sacramento	Northern California	This year’s conference will provide essential tools to help us open doors to support our loved ones. Cost: \$100 (authorized by Alta) Call (916) 734-1812 or email belhernandez@ucdavis.edu for more info.
UCP Free Inclusive Flag Football League	Sat, Oct 5 8:00AM	Mesa Verde High School 7501 Carriage Dr. Citrus Heights	Northern California	Practice starts today! Anyone ages 6+ can Join an 8-week flag football league designed to be accessible and fun. Click here to register.

SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Oct 7 & Wed, Oct 9 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Oct 7 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click here to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Oct 7 Wed, Oct 9 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
CHADD of NorCal Adult Success Clinic Online Group	Mon, Oct 7 7:00PM-8:45PM	Online	Northern California	Click here for more info. Click here to enter the Zoom meeting. Every 1 st & 3 rd Monday at 7:00PM
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Oct 8 & Thu, Oct 10 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Oct 8 & Thu, Oct 10 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Movement & Dance Play Group – FREE /Grupo de Música-GRATIS through Help Me Grow Yolo	Wed, Oct 9 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click here to register. Every Wednesday at 9:30AM
MIND Institute Distinguished Lecturer Series – Pathways to Timely Diagnosis of Autism	Wed, Oct 9 3:30PM-6:00PM	UC Davis MIND Institute 2825 50 th St. Sacramento	Northern California	These lectures, held monthly, feature speakers who are recognized both nationally and internationally. The series is designed for anyone interested in

				learning more about neurodevelopmental disabilities. Click here for more info.
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Oct 11 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click here to register. Every Friday at 9:30AM
Joni & Friends Walk 'N' Roll & Disability Resource Fair	Sat, Oct 12 9:00AM-12:00PM	Southside Park 2115 6 th St. Sacramento	All	Register as an individual or pull together a team and raise funds to support Sacramento area families impacted by disability by walking and rolling with us. Registration includes a t-shirt, swag bag, and a food vendor coupon for lunch. Registration is \$30. Click here to register.
Special Needs Screening at Studio Movie Grill – The Wild Robot	Sat, Oct 12 11:00AM	5140 Commons Dr Rocklin	Placer	Pick up free tickets starting the Wednesday before the showing. From SMG website : Our sensory friendly Special Needs Screenings present movies with the lights up, the volume low, and moving around, talking, and even dancing in the aisles are welcome.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Oct 14 & Wed, Oct 16 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Oct 14 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click here to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Oct 14 Wed, Oct 16 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Oct 15 & Thu, Oct 17 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes

				development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Oct 15 & Thu, Oct 17 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
REACH Parent Support Group – In Person	Tue, Oct 15 6:00PM	Lifehouse Church 4800 Sierra College Blvd. Rocklin	Sacramento Region	The support groups are designed to help families connect with other caregivers in similar situations. Childcare is provided. Click here for more information. Every third Tuesday at 6:00PM
Movement & Dance Play Group – FREE /Grupo de Música-GRATIS through Help Me Grow Yolo	Wed, Oct 16 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click here to register. Every Wednesday at 9:30AM
WarmLine Co-Presents: Sac City Unified Parent Café	Wed, Oct 16 9:00AM-11:30AM	3535 65 th St. Sacramento	Sacramento	Parent Cafés are opportunities to parents & caregivers to build community while talking about the things that matter most to their families. Light refreshments & childcare provided. Click here to register.
Aliados en la Crianza (6mo-5a)	Wed, Oct 16 6:00PM-7:30PM	West Sacramento Community Center 1075 W. Capitol	Yolo	¡Únase a nosotros en un taller práctico para crear tableros educativos que promuevan las habilidades motoras finas de sus pequeños! Pulse aquí para registrarse.
CHADD of NorCal ADHD Support Group	Wed, Oct 16 7:00PM	Online	Northern California	Join a safe place to express feelings, frustrations, & victories. Click here for more info. Click here to enter the Zoom. Every 1 st & 3 rd Wednesday at 7:00PM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Oct 18 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click here to register. Every Friday at 9:30AM
San Juan Unified Families Matter Conference WarmLine will present our “Get	Sat, Oct 19 8:30AM-2:00PM	Arden Middle School 1640 Watt Ave. Sacramento	Sacramento	This FREE family-centered event includes information and resources to help you and your student have a successful educational journey! Attend engaging workshops, learn about

Organized" workshop here.				resources available in your community. This conference is open to families, staff and students. Free childcare, lunch and interpreters provided. Click here to register.
SCUSD College & Career Fair Everyone gets a free WarmLine tote bag with giveaways!	Sat, Oct 19 10:00AM-1:00PM	Hiram Johnson Middle School 6879 14 th Ave Sacramento	Sacramento	Trades Welcome Center • Career Organizations Colleges/Universities • Employers • Specialty Career Demos Swag Bags • Financial Aid Workshops • Job Fair • DJ Meet Crispin, the District Mascot - And More!
Access Leisure Inclusive Playdate	Sat, Oct 19 10:00AM-12:00PM	Southside Park 2115 6 th St Sacramento	Sacramento	Join Access Leisure and community organizations for this free play date for children of all abilities at Sacramento's most accessible playground. Click here to register.
UCP Across the Spider-Verse Live in Concert	Sat, Oct 19 7:00PM-10:15PM	Mondavi Center 523 Mrak Hall Dr. Davis	Sacramento	Watch the film Across the Spider-Verse, accompanied by live orchestra and DJ. \$15 per person Click here to register.
T.R.O.T.R. Pumpkins & Ponies	Sun, Oct 20 10:00am-4:00pm	T.R.O.T.R. Ranch 22408 County Road 102 Woodland	All	This fundraiser is free to enter and includes ways to financially support T.R.O.T.R.'s commitment to serving the community. Click here for more info.
UCP Sons of Mystro Concert	Sun, Oct 20 1:30PM-4:00PM	Mondavi Center 523 Mrak Hall Dr. Davis	Sacramento	Enjoy this sensory-friendly violin concert at the Mondavi Center with the whole family. \$15 per person Click here to register.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Oct 21 & Wed, Oct 23 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Oct 21 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click here to register. Every Monday at 9:30AM

SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Oct 21 Wed, Oct 23 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
CHADD of NorCal Adult Success Clinic Online Group	Mon, Oct 21 7:00PM-8:45PM	Online	Northern California	Click here for more info. Click here to enter the Zoom meeting. Every 1 st & 3 rd Monday at 7:00PM
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Oct 22 & Thu, Oct 24 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Oct 22 & Thu, Oct 24 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Help me Grow Yolo Parenting a Preschooler?	Tue, Oct 22 6:00PM-7:00PM	Online	Yolo	Learn tips and tricks for navigating the wild world of parenting a preschooler in this fun and informative online event! Click here to register.
WarmLine Co-Presents: Sac City Unified Parent Café	Wed, Oct 23 9:00AM-11:30AM	3535 65 th St. Sacramento	Sacramento	Parent Cafés are opportunities to parents & caregivers to build community while talking about the things that matter most to their families. Light refreshments & childcare provided. Click here to register.
Movement & Dance Play Group – FREE /Grupo de Música-GRATIS through Help Me Grow Yolo	Wed, Oct 23 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click here to register. Every Wednesday at 9:30AM
UCP Roller Skate Night at Sunrise Rollerland	Wed, Oct 23 6:00PM-8:00PM	Sunrise Rollerland 6001 Sunrise Vista Dr. Citrus Heights	Sacramento	Join other families for a fun night of skating. \$20 Skate rental & raffle entry \$25 Skate rental, raffle entry, & food Click here to register.
Autism with Pathological Demand Avoidance Support	Thu, Oct 24 7:00PM-8:30PM	Online	All	Come meet other parents and discuss support strategies for

Group for Parents (Parents Helping Parents)				children with pathological demand avoidance. Click here to register.
McClaskey Adult Center Plant Sale	Fri, Oct 25 9:00AM-1:00PM	McClaskey Adult Center 5241 J St. Sacramento	All	A. Warren McClaskey Adult Center serves the needs of adults with developmental disabilities. Come support our Plant Sale!
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Oct 25 9:30AM-10:30AM	Grace Hiddleston Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click here to register. Every Friday at 9:30AM
MIND Institute Fall Festival	Sat, Oct 26 10:00AM-1:00PM	UC Davis MIND Institute 2825 50 th St. Sacramento	Northern California	Please join us at the UC Davis MIND Institute on Saturday, Oct. 26th for a special walk-through event filled with fun for the whole family. Click here to register.
UCP Trick or Treat at the Museum	Sun, Oct 27 9:00AM-12:00PM	MOSAC 400 Jibboom St. Sacramento	Sacramento	Starting before public hours, drop in to explore the wonders of the MOSAC while enjoying the Halloween spirit. Wander through the interactive exhibits, participate in hands-on activities, and collect prizes in the Spooktacular Activity Room! Each child & adult : \$20 per person or \$35 per child (must be 6+) if dropping off Click here to register.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Oct 28 & Wed, Oct 30 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Oct 28 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click here to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Oct 28 Wed, Oct 30 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.

SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Oct 29 & Thu, Oct 31 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Oct 29 & Thu, Oct 31 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
WarmLine Co-Presents: Sac City Unified Parent Café	Wed, October 30 9:00AM-11:30AM	3535 65 th St. Sacramento	Sacramento	Parent Cafés are opportunities to parents & caregivers to build community while talking about the things that matter most to their families. Light refreshments & childcare provided. Click here to register.
Movement & Dance Play Group – FREE /Grupo de Música-GRATIS through Help Me Grow Yolo	Wed, Oct 30 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click here to register. Every Wednesday at 9:30AM