

## **Upcoming WarmLine & Community Events**

WarmLine Events on Page 1

Community Events on Pages 2-8



Scan QR Code for info

## WarmLine Events

September 2024

More information & live links at <u>warmlinefrc.org/news-events</u>

Event	Date & Time	Location	Details
Family Support Group (In English)	September 1 <sup>st</sup> 4:00PM-5:00PM	Online	Zoom Webinar This is a monthly group, with a new topic each session. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey.
New Diagnosis Support Group (In English)	September 12 <sup>th</sup> 4:00PM-5:30PM	Online	Click <u>here</u> to register. Zoom Webinar This is a monthly group focusing on families that have recently received a new diagnosis. There's no commitment to attend each session, but here you will find a warm, safe fellowship of families who are on the same journey. Click <u>here</u> to register.
Grupo de Apoyo (En Español)	September 17 <sup>th</sup> 11:00AM-12:00PM	Online	Zoom Webinar Este es un grupo mensual donde compartiremos nuestras inquietudes, experiencias y un nuevo tema cada mes. No hay compromiso de asistir a cada sesión, pero aquí encontrará una comunidad cálida y segura de familias que están en el mismo viaje. Pulse <u>aquí</u> para registrarse.
Support Group for Dads (In English)	September 26 <sup>th</sup> 4:00PM-5:00PM	Online	Zoom Webinar Calling all folks who call themselves "Dad!" Join us for this new virtual monthly meeting to connect with other dads who have experience caring for a person with a disability. There is no commitment to attend—the group will be there when you need it. Click <u>here</u> to register.

## **Community Events**

## September 2024

Please note: Community events listed on this calendar are provided for the benefit of the community at large. The views and opinions expressed in listed community events do not constitute or imply an endorsement of WarmLine Family Resource Center.

LABOR DAY – Please double check any changes to events due to Labor Day.

HEAT ADVISORY – Please double check any changes to events due to a possible Head Advisory.

Event	Date & Time	Location	County	Details
Event SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4) SJUSD Parent Participation Play Group TTh 10:30AM	Date & Time   Tue, Sep 3 &   Thu, Sep 5   8:45AM-10:15AM   Tue, Sep 3 &   Thu, Sep 5   10:30AM-12:00PM	Location General Davie 1500 Dom Way Room 3 Sacramento General Davie 1500 Dom Way Room 3	Sacramento	Details Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info. Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation
(Ages 0-4)		Sacramento		program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SingleMomStrong Virtual Village Monthly Chat	Tue, Sep 3 8:15PM	Online	All	Join Virtual Village events to connect with other single moms. Click <u>here</u> to register. Every first Tuesday at 8:15PM
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Wed, Sep 4 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wed, Sep 4 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click <u>here</u> to register. Every Wednesday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Wed, Sep 4 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.

CHADD of NorCal	Wed, Sep 4	Online	Northern	Join a safe place to express feelings,
ADHD Support Group	7:00PM		California	frustrations, & victories. Click <u>here</u> for more info. Click <u>here</u> to enter the Zoom. Every 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday at 7:00PM
Sensory Friendly Play at the Sacramento Children's Museum	Thu, Sep 5 2:30PM-4:00PM	Sacramento Children's Museum 2701 Prospect Park Rancho Cordova	Sacramento Region	Cost: \$2 per person over age 1 Sessions include modified open play and special programming. Click <u>here</u> to register. Every first Thursday at 2:30PM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Sep 6 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> to register. Every Friday at 9:30AM
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Sep 9 & Wed, Sep 11 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Sep 9 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Sep 9 & Wed, Sep 11 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Sep 10 & Thu, Sep 12 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Sep 10 & Thu, Sep 12 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers.

				Call (916) 979-8808 for more info.
Orientation for FAM- Net Academy of Community Action	Tue, Sep 10 5:00PM	Online	Sacramento	For parents/guardians looking for advocacy skills but can't commit to a long program. Click <u>here</u> for more info. Click <u>here</u> to register.
Partners in Parenting: Toy-Making Workshop	Tue, Sep 10 6:00PM-7:30PM	Children's Therapy Center 1321 College St. Woodland	Yolo	Do you have a 6-month-old to 5- year-old & want to learn about their development? Join an occupational therapist in learning about your child's development while building an activity board. Click <u>here</u> to register.
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wed, Sep 11 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click <u>here</u> to register. Every Wednesday at 9:30AM
Community Social – San Juan Unified Special Education WarmLine will have a table – Stop by & say hi!	Thu, Sep 12 4:00PM-6:00PM	Arden Middle School 1640 Watt Ave. Sacramento	Sacramento	Join us for free BBQ, disability resources, and lots of fun. There will be a sensory room and interpreters available. Click <u>here</u> for more info. Click <u>here</u> to register.
All In: The Festival of Accessible Theater	Fri, Sep 13 through Sun, Sep 15	R25 Arts Center 1725 25 <sup>th</sup> St. Sacramento	All	Free admission! Join any of the performances "by and for people who are neurodivergent, blind, low vision, deaf & hard of hearing." Click <u>here</u> for the festival schedule. Email <u>allintheaterfestival@gmail.com</u> for more info & to volunteer.
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Sep 13 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> to register. Every Friday at 9:30AM
Jazzy Talkers ONLINE AAC User Group through CTEC	Fri, Sep 13 1:00PM-2:00PM	Online	Sacramento	AAC user social group – Mentoring individuals to communicate on their own with support, friendship, leadership, and good examples. Click <u>here</u> to register.
Access Leisure Inclusive Playdate	Sat, Sep 14 10:00AM-12:00PM	Southside Park 2115 6 <sup>th</sup> St Sacramento	Sacramento	Join Access Leisure and community organizations for this free play date for children of all abilities at Sacramento's most accessible playground. Click <u>here</u> to register.
Adaptive Art Class – UPC Recreation (Ages 7-17)	Sat, Sep 14 10:00AM-11:30AM	Heart Craft Studio	Sacramento	Unlock Your Inner Artist! Our Adaptive Art Class is designed to cater to individuals of all abilities.

		2054 Suprise		Our class provides a supportive and
		3054 Sunrise Blvd. Suite G Rancho Cordova		Our class provides a supportive and inclusive environment for everyone to explore their creativity and express themselves through art. Adaptive Art Tools Available. ADA ACCESSIBLE Cost: \$20 (includes materials) Click <u>here</u> to register.
12 <sup>th</sup> Annual Elk Grove Multicultural Festival	Sat, Sep 14 10:00AM-5:00PM	District 56 8230 Civic Center Dr. Elk Grove	Sacramento	Celebrate the world without leaving Elk Grove! All are welcome. Please see the info <u>here</u> for parking and event details.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Sep 16 & Wed, Sep 18 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Sep 16 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Sep 16 & Wed, Sep 18 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
CHADD of NorCal Adult Success Clinic Online Group	Mon, Sep 16 7:00PM-8:45PM	Online	Northern California	Click <u>here</u> for more info. Click <u>here</u> to enter the Zoom meeting. Every 1 <sup>st</sup> & 3 <sup>rd</sup> Monday at 7:00PM
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Sep 17 & Thu, Sep 19 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Sep 17 & Thu, Sep 19 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes

				development for babies and toddlers. Call (916) 979-8808 for more info.
Training for Clients & Families on Supported Decision Making	Tue, Sep 17 1:00PM-2:30PM	Online	Northern California	Clients & families are welcome to join the webinar to learn more about the process that allows adults with disabilities to make choices about their own life and support. Click <u>here</u> for more info. Click <u>here</u> to register.
REACh Parent Support Group – In Person	Tue, Sep 17 6:00PM	Lifehouse Church 4800 Sierra College Blvd. Rocklin	Sacramento Region	The support groups are designed to help families connect with other caregivers in similar situations. Childcare is provided. Click <u>here</u> for more information. Every third Tuesday at 6:00PM
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wed, Sep 18 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click <u>here</u> to register. Every Wednesday at 9:30AM
Brightline Webinar: My Child has ADHD. What Do I Do?	Wed, Sep 18 12:00PM	Online	All California	Build your confidence in supporting your child with ADHD. Click <u>here</u> to register. Click <u>here</u> to sign up for free Bright Life Kids Coaching.
CHADD of NorCal ADHD Support Group	Wed, Sep 18 7:00PM	Online	Northern California	Join a safe place to express feelings, frustrations, & victories. Click <u>here</u> for more info. Click <u>here</u> to enter the Zoom. Every 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday at 7:00PM
Alta California Regional Center Presents: Turning 3	Thu, Sep 19 9:00AM-10:30AM	Online	Northern California	Learn about what happens when your child transitions from Early Intervention to Special Education Services. Click <u>here</u> for more info. Click <u>here</u> to register.
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Sep 20 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> to register. Every Friday at 9:30AM
La Familia Health & Safety Fair	Sat, Sep 21 10:00AM-2:00PM	Maplewood Neighborhood Center 3301 37 <sup>th</sup> Ave. Sacramento	Sacramento	Enjoy raffles, music, food, activities for kids, and much more! Click <u>here</u> for more info. Call (916) 452-3601 for more info.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Sep 23 & Wed, Sep 25 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes

				development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Sep 23 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	ΥοΙο	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Sep 23 & Wed, Sep 25 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 8:45AM (Ages 0-4)	Tue, Sep 24 & Thu, Sep 26 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
SJUSD Parent Participation Play Group TTh 10:30AM (Ages 0-4)	Tue, Sep 24 & Thu, Sep 26 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wed, Sep 25 9:30AM-10:15AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist for ages 0-5. Click <u>here</u> to register. Every Wednesday at 9:30AM
Autism with Pathological Demand Avoidance Support Group for Parents (Parents Helping Parents)	Thu, Sep 26 7:00PM-8:30PM	Online	All	Come meet other parents and discuss support strategies for children with pathological demand avoidance. Click <u>here</u> to register.
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Fri, Sep 27 9:30AM-10:30AM	Grace Hiddleson Park 1310 College St. Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> to register. Every Friday at 9:30AM
Celebrate North Highlands	Sat, Sep 28 10:00AM-3:00PM	Freedom Park North Highlands	Sacramento	This free event with include live music, food trucks, local vendors, & lots of family fun. Click <u>here</u> for more info.

WarmLine has a table – Stop by & say hi!				
Special Needs Screening at Studio Movie Grill – Transformers One	Sat, Sep 28 11:00AM	5140 Commons Dr Rocklin	Placer	Pick up free tickets starting the Wednesday before the showing. From SMG <u>website</u> : Our sensory friendly Special Needs Screenings present movies with the lights up, the volume low, and moving around, talking, and even dancing in the aisles are welcome.
Family Fest & CommUNITY Picnic	Sat, Sep 28 11:00AM-2:00PM	Vernon St. Town Square Royer Park Roseville, CA	Placer	Enjoy time in the Roseville community with bounce houses, vendors, food trucks, live performances, & character meet-n- greets. Click <u>here</u> for more info.
SJUSD Parent Participation Play Group MW 8:45AM (Ages 0-4)	Mon, Sep 30 & Wed, Oct 2 8:45AM-10:15AM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.
Toddler Art Class through Help Me Grow Yolo	Mon, Sep 30 9:30AM-10:30AM	West Sacramento Community Center 1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
SJUSD Parent Participation Play Group MW 10:30AM (Ages 0-4)	Mon, Sep 30 & Wed, Oct 2 10:30AM-12:00PM	General Davie 1500 Dom Way Room 3 Sacramento	Sacramento	Parent-Child Playgroup is a free, high-quality, play-based parent/caregiver participation program that promotes development for babies and toddlers. Call (916) 979-8808 for more info.