

## **Upcoming WarmLine & Community Events**

WarmLine Events on Pages 1

Community Events on Pages 1-4



Scan or click QR Code for info

## WarmLine Events

May 2024

More information at warmlinefrc.org/news-events

Event	Date & Time	Location	Details
Family Support Group	May 2 <sup>nd</sup>	Online	Zoom Webinar
	4:00PM-5:30PM		Click <u>here</u> to register.
			Every first Thursday at 4:00PM*
New Diagnosis Family	May 9 <sup>th</sup>	Online	Zoom Webinar
Support Group	11:00AM-12:30PM		Click <u>here</u> to register.
			Every second Thursday at 11:00AM*
Volunteer Orientation	May 10 <sup>th</sup>	Online	Zoom Webinar
	May 17 <sup>th</sup> ←New Date!		Click <u>here</u> to register.
	6:00PM-7:00PM		Every second Friday at 6:00PM*
Grupo de Apoyo (En Español)	March 19 <sup>th</sup>	Online	Zoom Webinar
	11:00AM-12:30PM		Click <u>here</u> to register.
			Every third Tuesday at 11:00AM*

\*Last Support Groups & Volunteer Orientation before the summer break. We'll be back in August!

## **Community Events**

May 2024

Please note: Community events listed on this calendar are provided for the benefit of the community at large. The views and opinions expressed in listed community events do not constitute or imply an endorsement of WarmLine Family Resource Center.

Event	Date & Time	Location	County	Details
REACh Parent	Wednesday, May 1	Online	Sacramento	The support groups are designed to
Support Group			Region	help families connect with other
				caregivers in similar situations.
				Click <u>here</u> to register.
				Every first Wednesday at 6:00PM
REGISTER for 5/18	Wednesday, May 1	Online	Sacramento	Register by 5/1 for a fun, free family
Lions Special Kids			Region	event at Depot Park.
Day				Click <u>here</u> to register.

UC Davis MIND	Wednesday, May 1	UC Davis MIND	Sacramento	Join our monthly sessions for youth
Sibling Sessions	weathestady, way I	Institute 2825 50 <sup>th</sup> St. Sacramento	Region	ages 7-17 who have siblings with neurodevelopmental disabilities. Click <u>here</u> to register.
Sensory Friendly Play at the Sacramento Children's Museum	Thursday, May 2 2:30PM-4:00PM	Sacramento Children's Museum 2701 Prospect Park Rancho Cordova	Sacramento Region	Cost: \$2 per person over age 1 Sessions include modified open play and special programming. Click <u>here</u> to register. Every first Thursday at 2:30PM
Registration opens for Achieve Tahoe Adaptive Horsemanship	Thursday, May 2	Online	Sacramento Region	Participants learn horsemanship skills in an environment designed just for them! Click <u>here</u> to register.
Toddler Art Class through Help Me Grow Yolo	Monday, May 6 9:30AM-10:30AM	1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wednesday, May 8 9:30AM-10:15AM	1321 College St, Suite E, Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist. Click <u>here</u> to register. Every Wednesday at 9:30AM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Friday, May 10 9:30AM-10:30AM	1321 College St, Suite E, Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> for more info. Every Friday at 9:30
Jazzy Talkers (in person) AAC User Group	Friday, May 10 11:00AM-12:00PM	Colonial Heights Library 4799 Stockton Blvd Sacramento	Sacramento	AAC user social group – Mentoring individuals to communicate on their own with support, friendship, leadership, and good examples. Click <u>here</u> to register.
Jazzy Talkers ONLINE AAC User Group through CTEC	Friday, May 24 1:00PM-2:00PM	Online via Zoom	Sacramento	AAC user social group – Mentoring individuals to communicate on their own with support, friendship, leadership, and good examples. Click <u>here</u> to register.
Toddler Art Class through Help Me Grow Yolo	Monday, May 13 9:30AM-10:30AM	1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wednesday, May 15 9:30AM-10:15AM	1321 College St, Suite E, Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist. Click <u>here</u> to register. Every Wednesday at 9:30AM

Music Group – FREE/ Grupo de Música – GRATIS through Help	Friday, May 17 9:30AM-10:30AM	1321 College St, Suite E, Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> for more info.
Me Grow Yolo 28 <sup>th</sup> Annual California	Friday, May 17 &	Wyndham	Northern	Every Friday at 9:30 Families, self-advocates, and
Statewide Self- Advocacy Conference	Saturday, May 18	Hotel 5321 Date Ave Sacramento	California Region	professionals are invited to attend the Supported Life Institute Statewide Self-Advocacy Conference! Click <u>here</u> for registration materials.
Access Leisure	Saturday, May 18	Southside Park	Sacramento	Join Access Leisure and community
Inclusive Playdate	10:00AM-12:00PM	2115 6 <sup>th</sup> St Sacramento		organizations for this free play date for children of all abilities at Sacramento's most accessible playground. Click <u>here</u> to register.
Lions Special Kids	Saturday, May 18	Depot Park	Sacramento	A day of food, fun, and friendship!
Day	10:00AM-3:00PM	16 Business Park Way Sacramento	Region	This is a free event for all families with a special needs child. Click <u>here</u> to register.
Yarmarka International Festival	Saturday, May 18 12:00PM-6:00PM	2115 6 <sup>th</sup> St Sacramento	Sacramento Region	The multicultural 23 <sup>rd</sup> annual Yarmarka International Festival is a family-oriented, multicultural event featuring traditional crafts, food, music, and performances. Click <u>here</u> for more details. <i>Make sure to stop by the WarmLine</i> <i>FRC table and say hi!</i>
WeEMBRACE Disability Resource Fair	Saturday, May 18 2:30PM-5:00PM	Folsom High School Multipurpose Room	Northern California Region	Our resource fair will promote individuals with disabilities who offer goods and services. You can expect to gain a tremendous amount of knowledge while enjoying carnival themed events and games! Click here to register.
Toddler Art Class through Help Me Grow Yolo	Monday, May 20 9:30AM-10:30AM	1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
Caring Conversations: Affordable Housing Options for Adults with Disabilities	Tuesday, May 21 10:00AM	Online	All CA	Join us for a free Zoom conversations on helping caregivers navigate housing options for their adult family member with developmental disabilities. Click here to register.
REACh Parent Support Group	Tuesday, May 21 6:00 PM	Lifehouse Church 4800 Sierra College Blvd Rocklin	Placer	Support group for parents of special needs kids – Childcare provided Click <u>here</u> for more info. Every third Tuesday at 6:00PM

Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wednesday, May 22 9:30AM-10:15AM	1321 College St, Suite E, Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist. Click <u>here</u> to register. Every Wednesday at 9:30AM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Friday, May 24 9:30AM-10:30AM	1321 College St, Suite E, Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> for more info. Every Friday at 9:30
Special Needs Screening at Studio Movie Grill – If	Saturday, May 25 11:00AM	5140 Commons Dr Rocklin	Placer	Pick up free tickets starting the Wednesday before the showing. From SMG <u>website</u> : Our sensory friendly Special Needs Screenings present movies with the lights up, the volume low, and moving around, talking, and even dancing in the aisles are welcome.
Toddler Art Class through Help Me Grow Yolo	Monday, May 27 9:30AM-10:30AM	1075 West Capitol Ave West Sacramento	Yolo	Join us for a toddler art class at the West Sacramento Community Center for ages 0-3. Click <u>here</u> to register. Every Monday at 9:30AM
Movement & Dance Play Group – FREE /Grupo de Música- GRATIS through Help Me Grow Yolo	Wednesday, May 29 9:30AM-10:15AM	1321 College St, Suite E, Woodland	Yolo	Join us for a movement and dance playgroup led by a licensed physical therapist. Click <u>here</u> to register. Every Wednesday at 9:30AM
Music Group – FREE/ Grupo de Música – GRATIS through Help Me Grow Yolo	Friday, May 31 9:30AM-10:30AM	1321 College St, Suite E, Woodland	Yolo	Join us for a free music playgroup for ages 0-5. Click <u>here</u> for more info. Every Friday at 9:30
Sankofa Meeting	Wednesday, May 22 6:00PM-8:00PM	Online	Northern California Region	Join a network of parents, caregivers, and providers of Black neurodivergent and physically disabled children. Click <u>here</u> for more info.